

About Derbyshire Mind

We are a local mental health association, affiliated to National Mind.

We are a registered Charity

We are committed to:

- ✓ Working for improvements in local mental health services
- ✓ Making it possible for people with mental health problems to voice their opinions
- ✓ Offering quality local services
- ✓ Challenging the stigma attached to people labelled 'mentally ill' and increasing public understanding of mental health issues

Derbyshire Mind is funded by Derby City and Derbyshire County Council, NHS Derby and Derbyshire County Primary Care Trust

Community
Legal Service



INVESTORS IN PEOPLE

Derbyshire Mind is a Company
Limited by Guarantee Registered in England and Wales No.
2942312

How to contact us?

**Call 01332 623732
(answerphone available)**

**Email :
advocacy@derbyshiremind.org.uk**

**Website:
www.derbyshiremind.org.uk**

**Derbyshire Mind Advocacy Service
Ashbourne Centre
Kingsway Hospital
Derby
DE22 3LZ**

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Derbyshire Mind

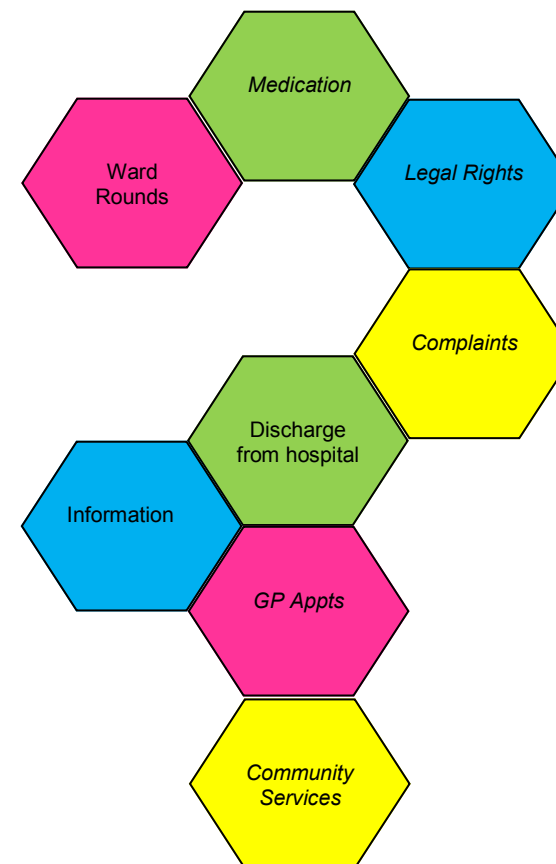
For better
mental health

Helping to support people experiencing mental and emotional distress

Mental Health Advocacy Service

*'Helping you take control and
have your voice heard'*

Do you need help with?



Who is the service available to?

- ✓ Anyone in Derby or Derbyshire who is detained under the Mental Health Act
- ✓ Anyone who lives in Derby City, Amber Valley or Erewash who isn't detained under the Mental Health Act but wants information and support in relation to their mental health.

The service is FREE

What an advocate can do

- ✓ Provide information to help you make choices and decisions
- ✓ Help you to access services and support
- ✓ Help you understand and exercise your rights
- ✓ Help you appeal your detention
- ✓ Help you to write letters
- ✓ Attend a ward round with you
- ✓ Attend a GP appointment with you
- ✓ Help you say what you want to the people involved in your care

What an advocate can't do

- × Tell you what to do
- × Give legal advice
- × Provide counseling
- × Provide long term support
- × Access information about you without your permission