



Enjoying Derbyshire, enjoying life.

Introduction to Accessing your Potential

A journey of self-discovery - explore your strengths and build up your resilience. Sessions will combine confidence building with life and employability skills. All sessions are led by Alicia Vernon and Kat Frakes.



This 10 week FREE course starts on Wednesday 7 November, 1pm till 3pm at Rethink, The Croft, Slack Lane, Ripley, DE5 3HF

To book your place FREE place, please call our Learner Helpline

Tel: 01332 717900

Email: enquiries@derbyals.org